



# SUMNER

PHYSICAL THERAPY

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Atascadero, CA 93422  
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## Patient Intake Form

### Demographic Information:

Full Name (as it appears on your insurance card)

Preferred Name/Nickname

Street Address

City,

State

Zip Code

Phone # Home  Mobile

Email address: we will use for sending home exercise program and clinic info

Phone# Home  Mobile

Date of Birth

Age

Birth Sex

Gender Identity

Appointment Confirmation Preferred Method:

Phone Call

Text Message

Email

No reminders please

Employer

Occupation

Working:  
Yes/no/modified

Emergency Contact

Relationship

Phone

### Insurance Information:

Insurance Carrier

Responsible Party

If responsible party is other than self, Primary Subscribers Name and Date of Birth

Responsible Party's Phone #

Secondary Insurance Carrier

Secondary Subscribers Name and Date of Birth

Responsible Party

### Referring Physician:

Name of Referring Physician

### How did you hear about Sumner Physical Therapy?

Physician  former patient  sports team/coach  dance school/instructor  internet (Yelp/Web)  Other

Patient or Guardian Signature

Date

## Patient Medical History

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Height

\_\_\_\_\_  
Weight

\_\_\_\_\_  
Type of Injury/Condition

\_\_\_\_\_  
Date of Injury/Onset

\_\_\_\_\_  
(If Applicable) Type of Surgery/Procedure

\_\_\_\_\_  
Date of Surgery

**Please describe your physical limitations as a result of this injury/surgery:** \_\_\_\_\_

**Please describe any activities or movements that aggravate your symptoms:** \_\_\_\_\_

**Please describe any treatments, movements, or self-care that decrease your symptoms:** \_\_\_\_\_

**Please list any previous injury, conditions, or surgeries:** \_\_\_\_\_

**Have you had any of the following diagnostic test in relating to this injury? (mark all that apply)**

X-Ray  MRI  CT Scan  Doppler  Ultrasound  Other

**Which of the following describes your pain:**

(mark all that apply)  Sharp  Achy  Burning  
 Tingling  Numbness  Other: \_\_\_\_\_

**Please rate your pain: (0= none, 5=moderate, 10= Severe)**

At present: 0 1 2 3 4 5 6 7 8 9 10

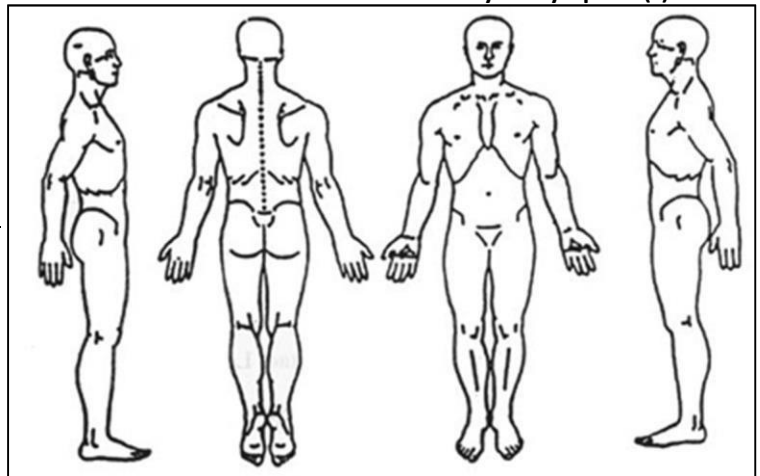
At best: 0 1 2 3 4 5 6 7 8 9 10

At worst: 0 1 2 3 4 5 6 7 8 9 10

**Are you currently taking ANY medications?**  YES  NO

Please list ALL medication/dosages: \_\_\_\_\_

**Please mark all the areas of your symptom(s):**



**Fall History:** Is your injury the result of a fall?  Yes  No

Dates of falls: \_\_\_\_\_

Have you fallen twice or more in the past year?  Yes  No

**Health Habits and Lifestyle:**

Do you eat a well-balanced diet?  Yes  No

Do you smoke?  Yes  No

Do you drink alcohol?  Yes  No

Do you exercise regularly?  Yes  No

Do you have any hobbies/leisure activities:  Yes  No Type: \_\_\_\_\_

Do you drink water regularly?  Yes  No # of glasses each day: \_\_\_\_\_

Daily amount: \_\_\_\_\_ For how long? \_\_\_\_\_

#/day? \_\_\_\_\_ Days/week? \_\_\_\_\_

How often? \_\_\_\_\_ Type / program? \_\_\_\_\_

**Medical History:** have you been diagnosed with any of the following conditions:

Allergies	Y	N	Diabetes	Y	N	Metal implants	Y	N
Anemia	Y	N	Dizziness/ringing in ears/vertigo	Y	N	Multiple Sclerosis	Y	N
Anxiety	Y	N	Emphysema/Chronic Bronchitis	Y	N	Neurological disorder	Y	N
Arthritis	Y	N	Fibromyalgia/Chronic Fatigue	Y	N	Numbness/tingling	Y	N
Asthma	Y	N	Fractures	Y	N	Osteoporosis/Osteopenia	Y	N
Bladder/Bowel problems	Y	N	Gastrointestinal Problems	Y	N	Pain Syndromes/CRPS	Y	N
Cancer	Y	N	Gallbladder problems	Y	N	Parkinson's	Y	N
Cardiac Disease/Conditions	Y	N	Headache/Migraines	Y	N	Seizures	Y	N
Cardiac pacemaker	Y	N	Hepatitis	Y	N	Speech problems	Y	N
Defibrillator	Y	N	Hernia	Y	N	Strokes	Y	N
Circulation problems	Y	N	High blood pressure	Y	N	Thyroid problems	Y	N
Currently pregnant	Y	N	Incontinence	Y	N	Vision problems	Y	N
Depression	Y	N	Kidney problems	Y	N			

Please describe in detail any diagnosis marked "Y": \_\_\_\_\_

Have you suffered from any illness not listed here?  Yes  No      If yes, please explain: \_\_\_\_\_

**Treatment History:**

Have you been treated for this condition before? By whom? \_\_\_\_\_

Was it helpful?  Yes  No Please explain: \_\_\_\_\_

What are your goals for Physical Therapy? \_\_\_\_\_

What do you hope to get out of your treatment? \_\_\_\_\_

What are your current physical or fitness goals? \_\_\_\_\_

Please list any important dates (such as return to sport/big performance/games coming up that you want to be ready to participate): \_\_\_\_\_

Is there anything else you would like to include or ask your Physical Therapist? \_\_\_\_\_

**CONSENT FOR CARE AND TREATMENT:**

I, \_\_\_\_\_ hereby agree and give my consent Sumner Physical Therapy to furnish physical therapy care and treatment considered necessary and proper in evaluating or treating my physical condition. \_\_\_\_\_ (initial)

FOR MINORS ONLY: CONSENT FOR CARE: As parent and/or legal guardian, I authorize Sports & Performance Physical Therapy to treat the minor patient named in the attached forms while I am not present. \_\_\_\_\_ (parent/guardian initial)

By signing below, I agree that all the above information is correct and that I authorize Sumner Physical Therapy to provide me with therapy services and to furnish my physician, insurance company, and/or attorney information concerning my injury and treatment.

Patient Signature (Parent/Guardian if necessary): \_\_\_\_\_ Date: \_\_\_\_\_

# Commitment to Physical Therapy

## Late, No-Show, Cancellation and Re-scheduling Policies

Your adherence to the recommended number of treatments is a vital component of your progress with our services; therefore, we feel it is our duty to do everything within our power to emphasize the importance of your commitment. The following policies are in place to motivate commitment.

### Commitment to your appointments

- Apart from serious emergencies, your recovery depends upon attending all your appointments.
- If you need to reschedule or cancel, it is in your best interest to reschedule the missed appointment to a date as close to the cancelled or rescheduled visit as possible.
- Please Note: In instances of repeated non-compliance with your scheduled visits, we reserve the right to discontinue care. We will inform your physician of the fact that your service has been discontinued due to noncompliance with the prescribed rehabilitation order.

### Late Policy

- If you are less than 15 minutes late and have contacted Sumner Physical Therapy to warn us that you'll be late, you may complete the remaining time scheduled for your session, **knowing that you may not receive a full session.**
- If you are more than 15 minutes late and have not contacted Sumner Physical Therapy, we hold the right to consider your appointment a "No-Show." As per the no-show policy, we reserve the right to charge you a \$50 fee.

### No-Show Policy

- If you schedule an appointment and do not come to your appointment, or if you arrive more than 15 minutes late to a scheduled appointment, we reserve the right to charge you \$50 no-show fee.
- Reminder Calls: While we offer reminder calls as a courtesy, ultimately, the responsibility for remembering your appointments is YOURS. If reminder calls do not go out, and you do not show up for your appointment, you will still be charged the \$50 no-show fee.

### Cancellation Policy

- If you need to reschedule a session, you are more than welcome to do so, as long as you provide more than 24 hours' notice before your scheduled appointment.
- Late Cancel: If you cancel within 24 hours of your appointment this is considered a Late Cancellation and we reserve the right to charge you a \$50 cancellation fee.

### Re-Schedule Policy

- If you need to cancel a session, you are more than welcome to do so, as long as you provide more than 24 hours' notice before your scheduled appointment.
- Late Reschedule: If you try to reschedule an appointment within 24 hours of your appointment this is considered a Late Reschedule and we reserve the right to charge you a \$50 cancellation fee unless:
  - You reschedule your appointment to later the same day (if there is time available). OR
  - We are able to fill your vacated slot with another client.

### Paying, Cancellation, and No-Show Fees

- Cancellation and No-Show fees are not billable to any form of insurance.
- To resume treatment following a late cancel, late reschedule, or no-show, the \$50 fee will be due before your next visit. If you refuse to pay the fee, we reserve the right to turn your care back to your referring physician.

We truly do not want to have to charge you for sessions you did not attend. These policies are in place because we've found that they encourage patient compliance to their rehabilitation goals (not because we want to profit from your lack of compliance). Thank you for your understanding and participation.

By signing below, you acknowledge that you have read, understand, and agree to all the policies listed above.

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Patient or Guardian Signature

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Date

## Payment and Insurance Policy

### **FINANCIAL POLICY:**

It is our policy in this office to maintain your account on a current basis. Charges for treatment are due at the time the service is provided unless we are preferred providers of your insurance plan. We ask that you make copayments, co-insurance and deductibles at the time of each visit. Your balance must be paid in full on or before the 1st day of the following month, and any unpaid balance will be considered past due on the 5th of the month.

### **PATIENT'S RESPONSIBILITY:**

It is the patient's responsibility to pay for any balances due in a timely manner for services rendered, regardless of insurance claims status. \_\_\_\_\_(Initial)

It is the patient's responsibility to:

- Understand their insurance policy, and to ask questions when they don't.
- Obtain a referral indicating medical necessity for physical therapy services.
- Pay co-pays, co-insurances, and/or deductibles at time of service.
- Promptly pay any patient responsibility indicated by their insurance carrier.
- Contact their insurance carrier when claims have not been paid.
- Obtain updated referrals or prescription for physical therapy when there has been more than a 30-day lapse in care or when their referral is dated more than 30 days before their 1st visit.

### **INSURANCE PATIENTS**

ASSIGNMENT OF INSURANCE BENEFITS: I hereby authorize Sumner Physical Therapy to furnish information to my insurance carrier(s) concerning this treatment and I hereby assign all payment for services rendered to Sumner Physical Therapy. \_\_\_\_\_(Initial)

### **MEDICARE PATIENTS – (please provide card)**

Have you had any PT this year provided in your home or in another outpatient clinic?  Yes  No \_\_\_\_\_# of visits

Do you currently have Medicare home services?  Yes  No

Medicare ID: \_\_\_\_\_

### **SELF PAY PATIENTS:**

For patients without insurance or with insurance we are not contracted with, we offer self-pay rates which must be paid at the time of service. \_\_\_\_\_(Initial)

### **VOLUNTARY TERMINATION OF TREATMENT:**

It is also the policy of this office that if you should choose to suspend or terminate your care and treatment, any outstanding fees for professional services rendered to you will be immediately due and payable. \_\_\_\_\_(Initial)

I have read the above information and **I UNDERSTAND MY RESPONSIBILITY FOR THE PAYMENT OF MY ACCOUNT.**

\_\_\_\_\_  
Patient or Guardian Signature

\_\_\_\_\_  
Date